



Player & Parent Handbook



Dear Parents, Guardians & Players,

Welcome to Chilcompton Sports Football Club. We are an established club with over two hundred young players ranging from tots to young adults all enjoying the fantastic sport of football.

Our club is proud to be recognised by the Football Association (The FA) and is England Football accredited, meeting the required criteria for qualified coaches, organisation and codes of conduct. We are also a 'member organisation' of Chilcompton Sports.

As well as the provision of six, picturesque and well-maintained grass pitches, the excellent facilities available at the sports ground are fundamental to the operation and development of our club, with a pavilion providing changing rooms, a club café and a sports bar with veranda and outside seating.

Chilcompton Sports Football Club is very proud of the training programme we offer that focuses on individual player development, all of which requires a high level of commitment from both players and coaches.

In this pack you will find all the information you need to become a member or continue your membership with us for another season.

Best Wishes

Tim Curtis



Our Mission Statement

To provide opportunities for all children to improve their soccer skills, whilst simultaneously nurturing the talented, all within a stimulating, safe and caring environment.

Club Officials

All our club officials and coaches are volunteers, committing time and energy to ensure the continued success of the club. Below is information on each of the key personnel and their contact information.



TIM CURTIS
CHAIRMAN



MATTHAUS CURTIS
SECRETARY



MARIANNE DUGGAN
WELFARE OFFICER



HAYLEY BLANNING
REGISTRATION SECRETARY

TIM CURTIS | CHAIRMAN

Tim is a founding member of the current youth club and holds a variety of roles across the youth and adult set-up:

CHAIRMAN - CHILCOMPTON SPORTS FOOTBALL CLUB

1ST TEAM MANAGER

YOUTH TEAM DEVELOPMENT CO-ORDINATOR

FOOTBALL ENGLAND CO-ORDINATOR

CONTACT | tim.curtis.stwilfrids@btinternet.com

MATTHAUS CURTIS | YOUTH SECRETARY

Matthaus role is to manage the club's administration, which includes affiliating with the county FA and league, handling all club correspondence, and arranging meetings as well as being the point of contact for league and county FA.

CONTACT | chilcomptonyouthfootball@gmail.com

MARIANNE DUGGAN | WELFARE OFFICER

Marianne has been our welfare officer/DSO for over 12 years. As welfare officer Marianne is responsible for managing and reporting concerns about children and ensuring all procedures are in place to safeguard children within our club which includes all coach checks and qualifications.

It is important to report any concerns. Referring a concern can be done via us as a club, the league or the County FA – all will have a designated safeguarding officer (DSO). Alternatively, you can email the FA directly via safeguarding@thefa.com.

If the matter is urgent and you cannot contact Marianne or the County FA DSO, you can call The NSPCC 24-hour helpline on 0808 800 5000 – or if it is an emergency because a child or children are at immediate risk, then call the police or children's social care in your area.

CONTACT | marduggan@btinternet.com

HAYLEY BLANNING | REGISTRATION SECRETARY

Hayleys role is an administrative role responsible for managing all player and team registrations to ensure compliance with league and Football Association (FA) rules.

CONTACT | hayley-csfc@outlook.com

Our Coaching Team

For up to date detail on which age groups we currently offer, manager contact details and training schedules please visit our website

www.chilcomptonsports.com

or scan the QR code below.

WEBSITE



Could you be a volunteer?

As a volunteer based organisation, the opportunities that we can provide our members are dependent on the availability of these volunteers. We are always looking for more volunteers to join our 'team' and we will support those who wish to be involved by providing full funding and mentoring to allow them to gain relevant qualifications. For example:

F.A. Coaching Badges

Referees Course

Club Administration

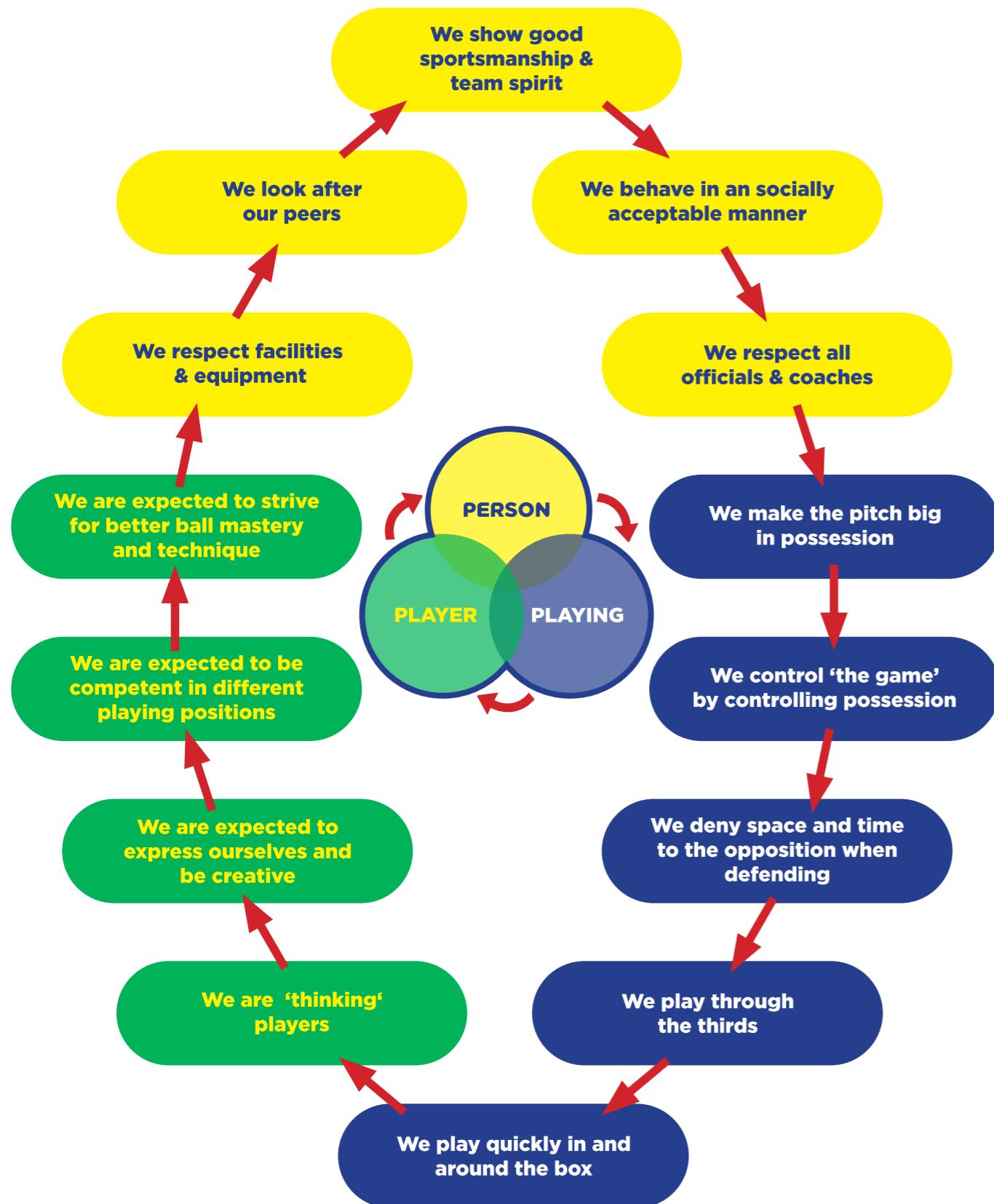
First Aid course

Safeguarding courses

We value and strongly encourage the contribution of volunteers and previous football experience is not essential. A willingness to help in any way will be welcomed.

If you are interested in volunteering at our club please get in touch with your child's coach or contact Tim Curtis for more information.

Our Club Philosophy



Within our philosophy it is important to remember the following:

To meet the challenges of every player may mean that not everyone will play, or participate in the same amount of game time in every match. Selection is dependent on the level of the opposition and the stage of development of the individual player. Our policy is to be honest and we will communicate with the players about their development.

Winning is not at the expense of player development and certainly not at the expense of fair play. We tolerate only the highest standards of behaviour from everyone involved in Chilcompton Sports Youth FC.

Our aim throughout the season is to develop as a squad of players, having also reached individual targets on and off the pitch.

All our decisions are made with the above in mind, and although we may occasionally make mistakes, we ask for honesty, patience and understanding from players and their parents.

We openly encourage participation in other sports and feel that this is vitally important for our members continuing development as athletes.

Insurance

As a club we have personal accident insurance, as well as public liability Insurance. To view these documents please visit our website, and navigate to club documents. Our insurance provides a basic level of cover, however, if this is insufficient for your family situation you are encouraged to supplement it with your own insurance. We also recommend that you take private travel insurance for any trip, and provide us with information on any medical condition(s) your child has (please see registrations form).

Training Programme

Part of a player's development and learning process is to encourage problem solving and decision making. Learning is a lifelong process where decisions, mistakes and consequences are vital for player development.

Whatever level of ability a player is at, it is up to the coach to challenge each player in such a way that they feel confident and encouraged to strive for that point which is just beyond their comfort zone. This is where real learning takes place.

Our programme is centred around training and we view matches as a 'bolt-on' addition to this programme. Age group coaches are strongly encouraged to organise further sessions.

"Relentlessly strive for better technique... it is not playing games of football that makes you a better player... practice makes the player. The game is proof that you are a player."

Sir Alex Ferguson

Training Programmes Available

Soccer Tots

Soccer Tots is an introductory programme for Year 1 children and below. Concentrating on agility, balance, and coordination (the ABCs) it is an introduction into Ball Mastery and the Coerver range of skills.

This programme runs from the 1st Saturday in September until the last Saturday of April.

Saturday Morning

This programme is for all age groups and builds on the foundations provided within the Soccer Tots programme, continuing with the development of the individual player and introducing the concepts of team play. This session is the cornerstone for promoting a 'one club' philosophy for players, coaches and parents.

This programme runs from 9am – 10.15am on Saturday mornings starting the 1st Saturday in September until the last Saturday of April.

Weeknight training

Each age group (starting from u7s) is individual and may train on different evenings throughout the week. It is best to check with your team manager which night your age group trains.

From October to March winter training moves to one of the 4g pitches within the Midsomer Norton/ Radstock areas. Your age group manager will advise you on location for your age group session.

Please visit www.chilcomptonsports.com for up to date contact information.

Matches

Matches are seen as an addition to the main focus of training. Players are selected for matches depending on the stage of their development and numbers in the age group squad.

It is important for us to clarify from the onset that a player's membership of the club or registration with a league does not guarantee a regular place in the team for matches. The following are bullet points to clarify:

League rules determine that only a certain number of players can be registered. The players registered can be altered during the season depending on player development.

Every player registered will get the opportunity to play a match in the current season, but we do not guarantee how many matches per season.

The number of players selected for a match is the decision of the age group manager.

So, if you are not registered or selected for a match, **never give up! Keep trying; keep training!**

OUR CLUB FEES

Our club fees are £30 per child, per month, for 8 months.

Fees are to be paid one month in advance to prevent arrears from accruing.

It is a compulsory condition of the club that all members register with Spond, which is a payment collection service as well as an organisational tool for coaches. Recurring payments will be scheduled within the Spond app from 1st August to 1st March inclusive for the months of September to April. Payments are taken securely through the Spond app using Stripe and the club's payment records are immediately updated.

If a players fees fall into arrears by 1 month they will NOT be selected to play matches.

If a players fees fall into arrears by 2 months they will NOT be selected for matches or be able to train and will be automatically de-registered from their teams league until the arrears have been cleared.

Culture

As representatives of our club we must set a high standard of play and behaviour at all times. This includes both training and match days. In particular, we will expect players:

- **To be responsible for punctuality and attendance or the timely notification of non-availability.**
- **To be properly dressed at all times (no jewellery, clean boots & club attire).**
- **To be prepared for the activity; good preparation will be addressed, such as eating habits, cleaning boots and packing own bag.**
- **To think about their football development; good players are intelligent players**
- **To have respect for each other; bad language will not be tolerated**
- **To respect officials; control of emotions is key to maintaining a high level of performance.**
- **To respect coaches; good manners and integrity will be expected at all times. Players will be expected to look adults in the eye and shake the coach's hand on arrival at training or match and thank them afterwards.**
- **To train at a high tempo whenever possible/appropriate.**
- **To show good sportsmanship at all times. This includes acknowledgement of opposition staff and players.**
- **To be responsible for each other and for the equipment we use. Everyone helps to prepare for a match or training and everyone helps to pack away.**

Our culture is reinforced by the club's 'policies' and 'codes of conduct'. Our players should agree that they will adhere to the following guidelines in order to get the most out of a season.

- **No one makes a mistake on purpose.**
- **Encouragement will help a teammate do it right next time.**
- **Listening is important; when a coach or teammate is speaking, players will not interrupt, but listen and wait their turn.**
- **They will not argue with their coach or teammates during training or matches; problems can be discussed at the appropriate time and with reflection rather than in the heat of the moment.**
- **They will give 100% at all times and never give up trying; we value resilience.**
- **Winning is important but players' development is even more important.**
- **Always ask questions if you do not understand.**



Our Club Clothing

As a club we heavily rely on local business for sponsorship of our match day kit, which will be provided to a player by their age group manager. However these sponsorships don't cover our full range of club clothing and kit. We also have a range of Macron sportswear in our selected club colours, which is available to purchase through your age group coach or via our web shop.

We would prefer, where possible, that our players adhere to the guidance in club clothing and kit for training and attending match days. This in turn promotes a sense of club unity and a pride in our club.

Kit can be ordered via the club portal, scan QR Code below



or via your age group coach.

What should a player bring to a match?

- **Match Day Kit**
- **Football Boots (players will be expected to have clean boots)**
- **Shin Pads* (Players will not be able to play without suitable shin pads)**
- **Water Bottle**
- **¼ Zip Jumper**
- **Rain Jacket**
- **Tracksuit**
- **Polo Shirt (if not wearing match kit)**

What should a player bring to a training session?

- **Football Boots (players will be expected to have clean boots)**
- **Trainers**
- **Shin Pads* (Players will not be able to train without suitable shin pads)**
- **Water Bottle**
- **Full Training kit**

*The FA advise safety is prioritised by wearing full shin pads as Micro or Mini shin pads increase the risk of injury.



MATCH DAY KIT



TRAINING KIT



MATCH DAY WEAR



Polo

Full Zip Jacket

Joggers

Sponsorships

Sponsors can help in many ways. We have been very fortunate over the years to have received sponsorship from many local companies for both teams and club alike. We are extremely grateful for any form of sponsorship, be it for the funding of a team's kit/clothing, a pitch-side advertising board or simply a donation.

As part of your sponsorship package we will provide, free of charge, advertising on our clubhouse TV screens, website and social media platforms and any printed materials associated with club events.

Below are some of our current and past sponsors:



**Bristol & Bath
Woodburners**



ETAVONI
Automation Excellence



**MILLS
ENGINEERING
SERVICES LIMITED**



**Hill.Reading
Architects**

Sprout
Grow stronger



BENCHMARK
ELECTRICAL DESIGN & CONSULTANCY

Should you be in a position to help sponsor one of our teams or any other form of sponsorship please get in touch with Hayley Blanning who will be happy to help.

M: 07841 585289 or E: hayley-csfc@outlook.com

What can you do, as a parent, do to help your child on and off the pitch?

1. Give them the opportunity to **make their own decisions** both on and off the field; they need to learn the consequences of getting things right and wrong.
2. **Try not to tell them off, or shout at them from the sideline** when they do make a mistake.
3. **Avoid coaching from the sideline**; it's confusing when the coach has asked them to do something different.
4. **Let them relax and play**; they need to make mistakes to help them learn and improve.
5. **Avoid offering advice before and after a match**; it's best for them to be relaxed prior to a match and to reflect on their performance after.
6. If your child comes to you with a problem, **talk to your coach**; they are there for you and your child.
7. **Remember they are young people and not experienced adults**. They see things differently to adults and may not always understand what is being asked of them.

8. Enjoy the match; they will be trying their best!



If we behave positively during practice and matches, our children will too.

By setting a good example, we'll help build a supportive environment in which everyone can enjoy themselves.

Play Your Part (Code of Conduct)

Spectators and Parents/Carers

Play your part and support
The FA's Code of Respect:

When playing football, I will:

- Have fun; it's what we're all here for!
- Celebrate effort and good play from both sides
- Always respect the Referee and coaches and encourage players to do the same
- Stay behind the touchline and within the Designated Spectators' Area (where provided)
- When players make mistakes, offer them encouragement to try again next time
- Never engage in, or tolerate offensive, insulting or abusive language or behaviour



Building society with mutual respect



I understand that if I do not follow the Code, I may be:

- Issued with a verbal warning or asked to leave
- Required to meet with the club committee, league or CFA Welfare Officer
- Obliged to undertake an FA education course
- Requested not to attend future games, be suspended or have my membership removed
- Required to leave the club along with any dependents and/or issued a fine

We ONLY do Positive.

Play your best. Be your best.

Make sure you and everyone
around you has a good time
on and off the pitch.

Play Your Part

(Code of Conduct)

Young Players

Play your part and support
The FA's Code of Respect:

When playing football, I will:

- Always play my best for the benefit of the team
- Play fairly and be friendly
- Play by the rules and respect the Referee
- Shake hands with the other team - win or lose
- Listen carefully to what my coach tells me
- Understand that a coach has to do what's best for the team
- Talk to someone I trust or the club welfare officer if I'm unhappy about anything at my club
- Encourage my team mates
- Respect the facilities home & away



I understand that if I do not follow the Code, I may:

- Be asked to apologise to whoever I've upset
- Receive a formal warning
- Be dropped, substituted or suspended from training

We ONLY
do Positive.



Building society with mutual respect

Traffic Light System – Guidelines Season 2024/25



The Traffic Light System is a County wide behaviour system that has been developed to empower and assist you as clubs to improve behaviour across grassroots football.

	All teams start on green. Good respect scores, no reported problems. Nothing to worry about. Good role models. Positive environment.	
	Reported incident. Poor practice or misconduct. Details passed onto SFA.	The duration spent on amber is 3 months (unless immediately actioned e.g. manager/player removed from team)
	Referee incident. Zero tolerance for referee abuse. Serious incident. Escalation from amber.	If a second incident happens whilst on amber this triggers a red status. Teams remain on red for a maximum of 6 months - this is reviewed by the league monthly, and changes can be made depending on track record/circumstances. Red status = 3 months before returning to amber.
	Meeting with league / CFA with possible removal from the league via SGM.	Two reds = blue OR another report whilst a team is on red.

TLS Status will carry over between seasons. E.g. Red status in May 23/24 will pause and carry over to start of season September 24/25 for that team.

Key Messages for Managers, Spectators and Players

Zero tolerance for referee abuse.

You get a maximum of 2 chances for anything else.
If you are called to an SGM then the vote is likely to go against you!

Team Managers – you don't just manage the players! You need to manage the match day situation, manage yourself, manage your assistants and manage your spectators.

How does it work?

Reports are sent to the league via managers. All reports will include correspondence with either the club secretary, welfare officer or chair. This ensures that club committees are always informed of any issues with teams in their club and can intervene themselves if appropriate.

Reports can also be received via: matchday experience report, low referee marks, referee reports etc.

Minor respect issues dealt with by the league are moved to amber. This also includes off-pitch behaviours e.g. social media.

League has a tracker of cases that are sent to the CFA. This is updated on a weekly basis. If charged, team remain on red unless positive action shown to be taken. May be moved back to amber and on rare occasions back to green (e.g. removal of manager).

League officials deal with reports as appropriate and can resolve or escalate depending on the nature of the incident.

Any reports involving disciplinary matter that is an aggravated case (discrimination), referee abuse etc sent straight to CFA and DSO. Team advised on red pending CFA outcome.

Any movement on the TLS will be supported by the CFA.

Interventions

The purpose of the TLS is to empower clubs to act knowing that they have support from the league and CFA. The TLS is not intended to ever reach blue – leagues operating this system have found that teams respond quickly when on amber or red to return to green status as quickly as possible.

Any of the below interventions will be supported by the league and CFA. If clubs are on amber/red status they can take actions to reduce this/return to green.

- **Codes of Conduct:** Clubs supported to use Codes of Conduct wherever possible. This can help them manage player/spectator/coach behaviour
- **Access to refresher training/CPD:** Clubs on amber supported to ensure problem
- **Team Meetings:** CFA support at meetings, parents contacted directly if clubs have concerns or require additional support.
- **Independent Matchday Monitors:** Monitors sent anonymously to clubs – these reports will hold weight with any investigation.
- **Conversation and Education:** Some clubs may simply not know where it is going wrong – help from CFA and league to educate.
- **Random spot checks from league:** League officials may monitor games to support clubs.
- **Spectator/parent training:** Ensure parents understand expectations. Safeguarding Courses



Respect the referees.
Respect the managers/coaches.

Respect teammates and the opponent.

Respect the game.

The **Traffic Light System** is fully supported by the league and County FA.

Abuse/Respect issues WILL have consequences for your team.

SGM – Special General Meeting

It is highly unlikely that a team will reach this stage (blue). The TLS is designed to give teams the opportunity to act before getting to this.

Will only be called when interventions have been ignored or joint interventions with CFA have failed.

Can only be called after prior consultation with CFA. A club/team must have been subject to an FA charge before it can be subjected to an SGM.

Can be called by the league management committee at any time/can be called by 2/3 of clubs in membership.

The purpose of the SGM is to consider conduct of team and decide on appropriate action via a vote from the member clubs:

- **Remainder of the season = sanctioned friendlies.**
- **No sanctioned games – withdrawal of fixtures.**
- **Removal from the league with a requirement to re-apply for membership.**

The Traffic Light System is a new process for us all

The guidelines above may change for the benefit of the system, and we will update the guidelines if any specific scenarios arise where we feel adjustments need to be made.

e.g. "This week x situation arose. As a result, we did Y. An amendment has been added to the guidelines as a result."

**RESPECT THE GAME
ENJOY THE GAME**



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Like us, Follow us!

WEBSITE



FACEBOOK



CLUB WEB SHOP

